

## Difficult conversations in PICU

1 day workshop: Sunday June 10, 2018

Time: 08:00- 17:30 hours

Place: Academia

Max participants: 24

*"I often say I have a hole in my heart and I can hear the wind blow through it..." –bereaved parent.*

The loss of a child is a devastating event, often resulting in profound grief reactions from surviving parents and family members. While breaking bad news is an important communication skill for PICU clinicians, it is complex and if performed poorly, can result in miscommunication, and loss of therapeutic relationships between clinician and family members. This one-day workshop hopes to provide PICU clinicians with tools to help facilitate difficult conversations in the PICU.

We aim to:

1. To provide information regarding brain death and organ donation.
2. To introduce tools to help participants facilitate conversations in the ICU on difficult topics such as brain death and organ donation.
3. To provide an immersive environment for participants to practice facilitating difficult conversations using the information and tools provided.

This will be done via short interactive lectures and simulations using standardized family members with immediate feedback and debrief.

Through this one day workshop, participants will:

1. Gain a deeper understanding of brain death and organ donation and how the two relate.
2. Gain a useful framework for conducting effective and compassionate conversations involving brain death and organ donation with family members.
3. Gain confidence and clarity regarding having conversations on difficult topics with family members.

## WORKSHOP DETAILS

08:30 – 17:30 hours

Academia

### Faculty:

Jim Boggs, Fiona Clark, Mok Yee Hui, Siti Nur Hanim Buang, Quek Bin Huey, Majella Irudayam

08:30 **Welcome and introduction**

Mok Yee Hui (Singapore)

08:40 **Brain death determination in children**

- Siti Nur Hanim Buang (Singapore)
- 08:55 **Challenges in brain death diagnosis in neonates**  
Quek Bin Huey (Singapore)
- 09:15 **The nature of high-stakes, difficult conversations in the PICU**  
Jim Boggs (USA) and Fiona Clark (USA)
- 09:25 **Core tools and concepts for high stakes difficult conversations: Knowing what to pay attention to**  
Jim Boggs and Fiona Clark (USA)
- 10:10 **Tea break**
- 10:25 **Practice: high fidelity simulation (Plenary)**  
Jim Boggs and Fiona Clark (USA)
- 10:40 **Debrief**  
Jim Boggs and Fiona Clark (USA)
- 11:10 **Core tools and concepts for high stakes difficult conversations: hearing what is important to the family; knowing how far to go**  
Jim Boggs and Fiona Clark (USA)
- 11:45 **Lunch**
- 12:45 **Practice: How to define brain death**  
Jim Boggs and Fiona Clark (USA)
- 13:15 **Core tools and concepts for high stakes difficult conversations: tools for being present**  
Jim Boggs and Fiona Clark (USA)
- 13:45 **Practice: Speaking to families**  
All facilitators
- 16:15 **Tea break**
- 16:30 **Reflective writing and final debrief**  
Jim Boggs and Fiona Clark (USA)
- 17:00 **Closing**  
Mok Yee Hui (Singapore)