

**Title:** Physiotherapy in PICU – moving forward!

**Organisers:** Prof. Brenda Morrow ([Brenda.Morrow@uct.ac.za](mailto:Brenda.Morrow@uct.ac.za)); Ms. Sarah Wright ([Sarah.Wright@health.qld.gov.au](mailto:Sarah.Wright@health.qld.gov.au)); Ms Parveen Kaur Sidhu ([parveen.kaur@kkh.com.sg](mailto:parveen.kaur@kkh.com.sg))

**Date and time:** June 9<sup>th</sup>, 13h30 – 17h30

**Location:** TBC

**Objectives:** To develop knowledge and skills in the current, evidence-based theory and practice of cardiopulmonary physiotherapy in the paediatric intensive care unit (PICU), with the primary focus being on mobilization and early rehabilitation (to optimize cardiopulmonary function and improve PICU outcomes). This half-day interactive workshop will first present the current theory and evidence in support of physiotherapy practice in PICU, in lecture, debate and discussion format by international experts in the field. The final practical session will involve delegates in a simulated clinical scenario using high fidelity mannequin/s.

**Target Audience:** Physiotherapists/ physical therapists (but all interested professionals are welcome!)

**Speakers to be invited by Kenes:**

- Prof. Brenda Morrow: [Brenda.morrow@uct.ac.za](mailto:Brenda.morrow@uct.ac.za)
- Ms. Sarah Wright: [Sarah.Wright@health.qld.gov.au](mailto:Sarah.Wright@health.qld.gov.au)
- Prof. Karen Choong: [choongk@mcmaster.ca](mailto:choongk@mcmaster.ca)
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- Ms. Jenna Hills: [jenna.hills@nhs.net](mailto:jenna.hills@nhs.net)
- Ms Alexandra (Ali) Ferguson: [alexandrah.ferguson@health.qld.gov.au](mailto:alexandrah.ferguson@health.qld.gov.au)
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**Program:**

**13h30 – 13h35** Welcome and introduction of panel (Brenda Morrow and Sarah Wright)

**13h40 – 14h10** *'Challenging the paradigm for VQ and positioning in Infants'* (Brenda Morrow, South Africa).

**14h15 – 14h45** *'International Practical Recommendations for Early Mobilisation in Children'* Karen Choong (Canada)

**14h50 – 15h05** *'Early Rehabilitation: The #MoVE project'* Jenna Hills (Glasgow)

**15h05 – 15h20** *'Mobilisation in PICU – the Singapore experience'* Parveen Kaur Sidhu (Singapore)

**15h25 – 15h40**: Tea and Comfort Break

**15h40 – 16h10:** *‘What physical measures and outcomes should be used for infants & children in PICU?’*  
Alexandra Ferguson (Australia)

**16h15 – 16h30** Introduction to Simulation Training in paediatric cardiopulmonary physiotherapy (Sarah Wright, Australia)

**16h30 – 17h15:** Practical session: Simulated clinical scenario

**17h15 -17h30:** Debriefing and feedback session

**17h30:** Closing